



Family Resource Center Offers the Circle of Security® Parenting™ Program



"Often our children's needs are hidden in plain sight."

- Bert Powell
Co-ordinator, Circle of Security

The Circle of Security Parenting program is a researched-based program that supports and strengthens a parent or caregiver's ability to understand and respond to a child's emotional needs.

Through video examples, handouts, and reflective dialogue, caregivers will explore their parenting and attachment experiences in a safe environment and build parenting skills to encourage healthy growth and development.

Circle of Security will be facilitated by Trained COS-P Facilitators Kim Townsend, FRC Parent Educator and Amy Yarbrough, FRC Family Liaison.

DATES & LOCATION

Fridays, October 6 - November 17 (7 sessions)
9:30 - 11:00 a.m.

At the Family Resource Center (FRC)
Charter Oak International Academy 425
Oakwood Avenue, West Hartford

IMPORTANT INFORMATION

Parents and caregivers of children of all ages are invited. Limited to 10 participants.

Fee: \$10 - Please make checks payable to "Bridge Family Center"

Register using QR code or <https://bit.ly/48k3vbW>



Registration Deadline:
October 5, 2023
For more information,
call the FRC at
860.929.5575



The FRC is a program of the Bridge Family Center.